

Dr. Joanne Jung

“Burgers, Wal Mart and the Gap (Phil. 1:9-11)

⁹And this is my prayer: that your love may abound more and more in knowledge and depth of insight, ¹⁰so that you may be able to discern what is best and may be pure and blameless until the day of Christ, ¹¹filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God. Phil. 1:9-11

Dr. Jung encouraged us this morning to let our love abound more and more in discernment, choosing what’s better and even what’s best as we open to the daily will of God in our lives.

Take 15 minutes, and pray/talk with the Spirit about this.

- 1) For 3 minutes, just read slowly over Phil. 1:9-11 above. Pray it, substituting “my” for “you” and “your.”
- 2) For 5 minutes, reflect back over the people you’ve ‘poked’ or messaged on Facebook today. Pray for them, that they would seek God’s best will for their lives. Ask the Spirit, is there anyone in particular you want me to ask specifically what they need prayer for as they seek to discern what is best in their lives?
- 3) For five minutes, ask the Spirit what verse or passage from Scripture has been following you around lately—something that has penetrated your deeply, come up again or again, or even something you’ve struggled with or resisted. Ask God, how might the Spirit be using this to lead me to a next step?
- 4) For two minutes, just finish by resting in the Lord’s love for you. As we consider God’s best for us and the way we live our actual lives, we notice a gap that can sometimes be painful to see. If this is

so, just open yourself once more to the cross—that your sins have been given to Christ, and his righteousness has been given to you. Rest in the truth that there is no condemnation (though there may be sadness). Take in the fact that the Lord loves you even in this gap. Can you receive this? If so thank the Lord. If not, talk to him about it.