

“Biola University: A School for Love”

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Prayer Project: 15 minutes

For the first two minutes, just center yourself by reading Paul’s prayer to the Phillipians, 1:9-11

*9 And this is my prayer: that your love may abound more and more in knowledge and depth of insight, 10 so that you may be able to discern what is best and may be pure and blameless until the day of Christ, 11 filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.*

For the next ten minutes, begin to talk with God about some understanding or insight toward love that He’s given you lately. It could be an understanding or insight into a relationship, or maybe into some aspect of who God is, or perhaps some area of life where you now see you need him more than ever. Talk to him freely, as if to a friend, letting Him in turn speak into you.

In the last three minutes, just ask Him to help you discern what is next. It could be some step of love in this relationship; it could be just to sit in loving appreciation of what you’ve learned about God recently; or it could be to ask God how you might cooperate with Him in your area of need.